

# 2004 AGM Summary Reports

## BC Art Therapy Association

### Honoring 25 years

June 19, 2004

YWCA Vancouver,  
535 Hornby Street

AGM 12:45 – 3:45 pm

#### Chair Report Highlights:

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Here we celebrate our 25<sup>th</sup> Silver Anniversary! As a token of appreciation we have provided attendees with silver pens!

In 1978 the following people united their creative forces to form this Society:

Katherine M. **Leonard**,  
Bruce A. **Tobin**,  
F. Graham **Mills**,  
Lori **Gray**, Linda **Lange**  
and Kathleen G. (Van Sickle) **Collis**.

On November 15, 1978 we were incorporated and registered with the BC Societies Act as an official non-profit Society.

**President:**  
**Debora Broadhurst, BA, DVATI**

In the spirit of offering our members an inspiring, productive and interactive AGM – we have prepared this handout for you - containing highlights from each of the chair reports.

We hope that you will take time to review and consider any feedback, comments or suggestions for us. We need to hear from you!

#### **A year in review...**

At the 2003 AGM a handful of brave members

Thank you to those founding members!

Today, we are thrilled to include Dr. Bruce Tobin and Dr. Kathleen Collis here at this AGM and conference.

~

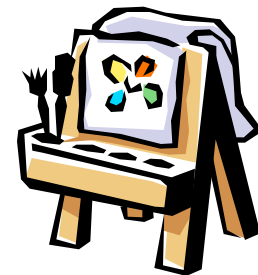
In 1989 the Purposes of the Society were registered with the Society Act – now known as our Constitution.

Then in 1994 we obtained Occupational Title Protection with the Society Act for “BCATR” – “British Columbia Art Therapist, Registered”.

~

On page 2 of this handout you will see a chart presenting the membership and financial trends over the last 25 years.

- In 1980 the association had 9 voting, and 7 non-voting members (total of 16)
- Our membership peak occurred in 2001 with 112 voting, and 55 non-voting (total of 167)
- As of June 16, 2004 we have 96 voting and 27 non-voting (total of 123)



volunteered themselves to form your Executive while recognizing the value of this association. I am very proud of what this incredible team has accomplished in a year – and below is a list of the highlights:

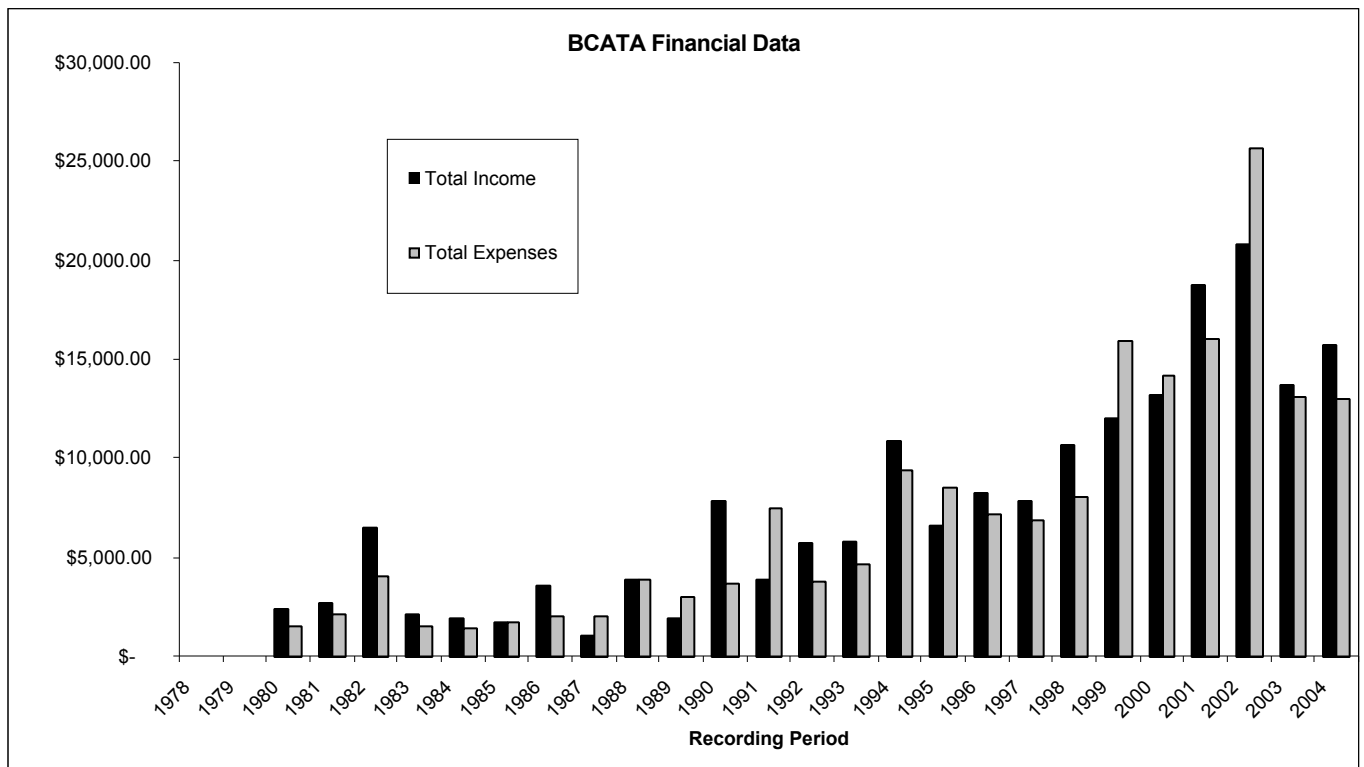
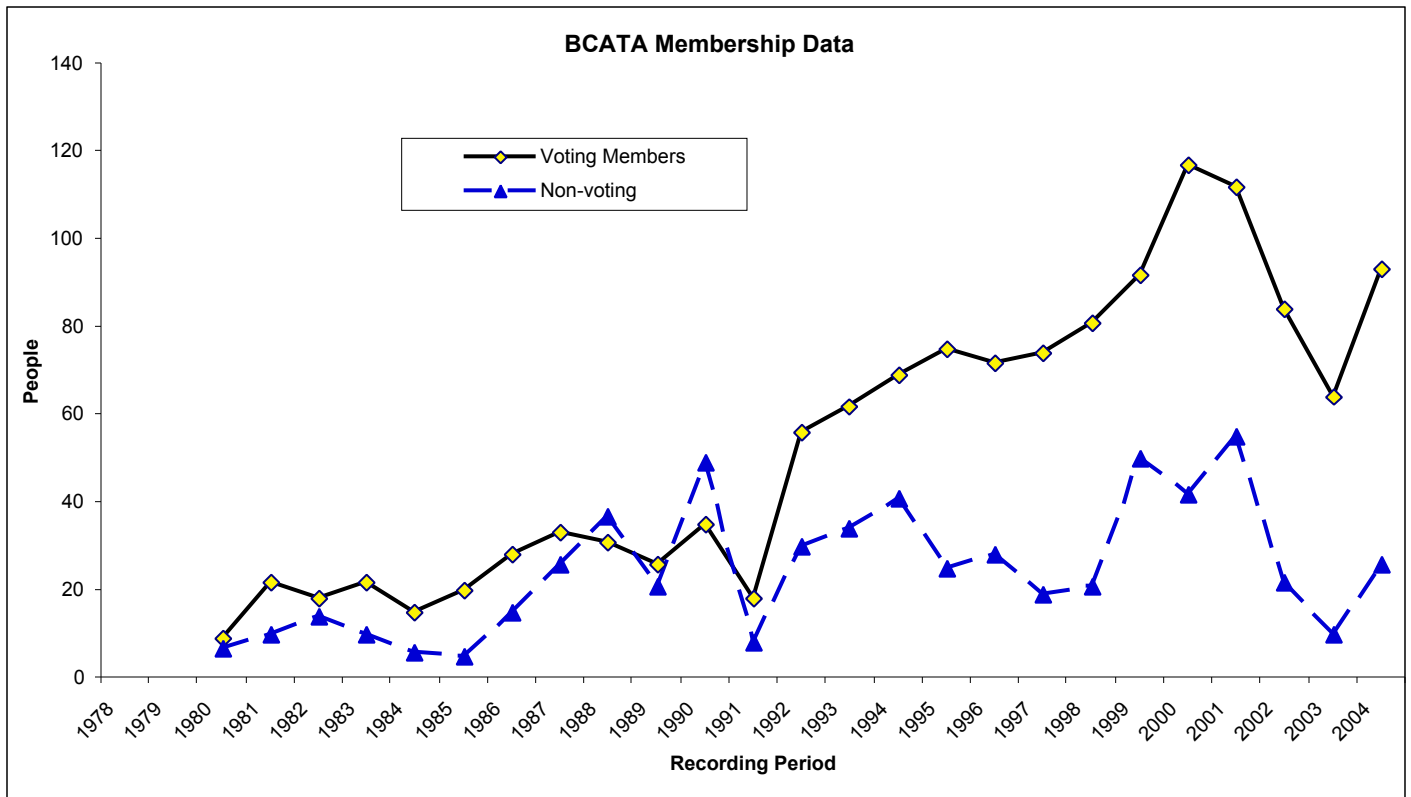
#### **Achievements:**

- we formed a cohesive and professional team
- became a member of the Alliance for the Arts and Culture

- increased membership from 2003
- increased revenue and reduced expenses from 2003
- created a Cookbook for fundraising and have raised \$460 in sales (as of June 16)
- met with CATA president Helene Burt and past president Jacqueline Fehlner to discuss future relations

*continued on page 3...*





## President: *continued...*

*Continued from page 1...*

- promoted this conference to over 100 individuals, associations, and organizations in BC and Alberta
- became a member of Volunteer Vancouver

### **New Initiatives:**

Most recommendations are outlined within Chair reports, however highlights are:

- apply for Registered Charity status
- revise and update mission and vision
- create a progressive strategic plan to strengthen the profile of art therapy in the province

- update and revise promotional material
- build capacity

### ***A personal note***

I certainly had no idea last June that I would return home from the AGM having accepted the position of President! Only 1 month after the AGM I received news about some health challenges, I got married in the Fall, and I continue to face the regular obstacles of managing a new business. I share this with you because I don't pretend to have any more extra time than anyone else – but I choose to put forth energy into this

association, as **I truly believe that joined forces and united talent can accomplish great things!**

I feel incredibly privileged to work along side such enthusiastic, intelligent and dedicated people on the executive.

I look forward to another rewarding year.



## Vice-President: Liina MacPherson, MA, RCC

### *Chronological highlights:*

- June-November, 2003 I also held the position of Temporary Membership Chair
- June 28, 2003 Ethics Special Meeting occurred without a quorum being present
- September I attended the BC Therapeutic Recreation Association's Annual Conference to market art therapy
- October I composed the Interim Newsletter e-mail
- discussions with the BC Association of Clinical Counselors Executive VP to learn about a mandatory ethics workshop that they will institute in the coming year (goal to teach 'members a practical decision-making process that is the key to accountable professional practice,' in addition to including an

assimilated investigation.)

- November/December I compiled the Cookbook for our Fundraiser

The past year has been eventful. I began with the understanding that little was required of me, as during the past year and a half I have been challenged by ill health.

As a VP I was required to understand politics and procedures, I was required to communicate in ways I had never done before, and I was working more hours for BCATA than my own business. These were all my choices and although challenging, gifts in disguise.

As I stand here today I make no light of the amount of work required to help an Association grow and evolve, but the reason why I am still here today is – **meaningful relationships.**

I accepted the VP's position because I am passionate about art therapy and because looking across the room at Debora Broadhurst made me feel secure. The richness in my relationship with Deb and the wonderful personal and professional moments I shared with others on the Executive is the reason for doing this.

If you are considering serving on the Executive, and I hope you are, know this: the pay is non-existent, the hours suck, the work is exciting and fresh (or what you make of it), and the community, well it is the community that withholds the few meaningful relationships that help me "be".

I extend a **thank you to my community**, the wonderful creative women of the Executive Team, and the forever evolving, embracing BCATA Membership.



## Ethics: Dr. Kathleen Collis, PhD, ATR, BCATR

*Summary Report on the work of the Ethics Committee (June 03-Feb 04)*

*Ethics Chair Monica Carpendale, B.F.A., DVATI, RCAT, BCATR resigned on Feb. 3, 2004 as Ethics Chair, after completing the open ethics files.*

The Ethics Committee focused on responding to and processing six complaints. The complaints were handled with a few letters and phone calls. One complaint took over six

months to complete due to delays of the respondent.

The complaints pertained to issues concerning.

1. Professionals providing art therapy who are not trained as art therapists.
2. Client complaints against art therapists as service providers.
3. Professional respect between art therapists.
4. Discussions with reference to a

clear definition of the role that the ethics committee holds within the BCATA Executive.

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### *Ethics Report to June 19, 2004*

Kay Collis, PhD, ATR, BCATR agreed to continue as Ethics Chair to the AGM June 19th, 2004

There have been no complaints or concerns forwarded to her during that period.

## Recording Sec: Gabrielle Cordella-Chew, MPS, ATR, CCC

Last year, a number of BCATA Executive volunteer positions needed filling in order for the Association to continue to exist. I volunteered to fill this position, and was appointed.

As Recording Secretary my primary responsibility has been to record the minutes of each Executive meeting, collect and integrate Executive Members' reports, and distribute these complete minutes to the Executive via email.

As a full-time clinician and practicing artist, I am unable to donate my time to our Association for a second year. As this volunteer position ideally encompasses a two- year term, there is now an opening for interim Recording Secretary for 2004-2005.

To describe this position, I will borrow the words of our most recent past

Recording Secretary, Katharyn Morgan, who described this job as "*a good place to get to know the workings of the Association and is well-suited to someone who is organized, can follow complex discussions, and can write a succinct synthesis of the information discussed*". For the individual who volunteers for this role, I can say with complete confidence that **there will be support and guidance available from other Executive members**, particularly from those seasoned members who are very familiar with past issues, names of related individuals and agencies, and so on.

I want to say that I have deep respect for the diligence with which this group of individuals donated their time, skills, talents and industriousness to our provincial Association, and by extension, its membership. **Every**

**hour of volunteer work makes a difference**, so if you feel you may like to get involved, remember that it is possible to speak with your Executive about what you are able and willing to contribute, whether it be one hour, a year-long commitment on a committee, or anything in between!

Finally, I want to acknowledge all those individuals on the AGM committee who worked their magic to coordinate this wonderful weekend event. 25 years as an Association is a significant accomplishment that relies on many, many individuals working together and passing on the torch. This is definitely a **milestone to celebrate** wholeheartedly. Congratulations BC Art Therapy Association.

## Corresponding Sec.: Carolyn Whitney-Coulter, BA, DVATI

I was responsible for responding to emails and telephone messages and the majority of enquiries were:

- Request for referrals
  - Request for information on art therapy
  - Membership requests
- The number of calls and emails varied greatly from month to month,

often depending on the activities of the association.

### Recommendations:

- set up a standard automatic email response to address FAQ's
- obtain a toll free number

Due to personal reasons, I am resigning

before my term ends. This has been a difficult decision to make, as the executive has been a cohesive and positive group to be involved in. In the past year, I have looked forward to our meetings and been rejuvenated by the energy that has been created. I am confident that this forward thinking will be present as the new executive is brought together.



## Treasurer: Joyce Chong, BA, ECE, BCATR

I have really enjoyed working with the members of BCATA Executive for the past year. The work was interesting, often challenging and always done with a strong commitment to working together in the best interests of the association.

Most of the regular tasks associated with the Treasurers' position, like paying bills, banking, bookkeeping etc. were done by Merle Schwartz our Administrative Assistant, which made

my job relatively easy.

Many thanks to you all for a great year.!

Comments on the financial reports:

- Financially a better year than last, with a net income of \$2,000 more.
- There was an increase of income from membership and late fees
- We were able to pay off debt from last year.

- There was a decrease of expenditures and income for Pro D and a decrease in newsletter costs.

- Executive travel is being listed as one total, rather than under each position which is why some of the figures are quite different from the last 2 years.

### Annual Treasurer's Report Fiscal Period May 1, 2003 to April 30, 2004

**Income**

AGM & Conference	220.00
Bank Interest	4.81
Fundraiser (seed \$ for cookbook)	39.00
Late Charges - Membership Fees	740.00
Membership Fees	11,780.00
Pro D Workshop Participants	1,099.73
Registration Fees	1,330.00
Student Membership Fees	532.00

**Total Income**

**\$ 15,745.54**

**Expense**

Administration	2,685.83
Administrative Assistant	2,000.00
AGM	472.50
Corresponding Secretary	42.64
Ethics	2,821.07
Executive Travel	1,446.80
Membership Chair	170.00
Newsletter	714.44
President	44.60
Printing and Reproduction	397.76
Professional Development	990.09
Registration	49.87
Treasurer	7.53
Vice President/temp membership	698.57
Website Fees	472.51

**Total Expense**

**\$ 13,014.21**

**Net Income**

**\$ 2,731.33**



## Membership: Michelle Gilligan, MA

In November I took over the position from Liina. She had processed the numerous overdue renewals (more than a third of the members renewed *after* the AGM last year). She had also begun the process of going through all of the membership files to ensure that the membership set and the administration (back-up) set are complete and contain the same information. Thank you! • The membership packages were sent out to current and former members at the beginning of March. • **As of June 16 we currently have 123 members - 97 are renewals and 26 are new members**, which breaks down into the following categories:

- Registered Professionals - 47
- Professional Members - 44
- Associate Members - 4
- Student Members - 23
- Honorary Life Members – 5

### **This represents 96 voting and 27 non-voting members.**

Thank you to all the members who renewed on time this year. As in previous years, any members who do not renew by June 30th are removed from the active mailing list, and notification is sent to our insurance provider, the Mitchell and Abbott Group. Only current members are eligible for coverage.

#### Recommendation:

- add a membership category for retired members (intended to encourage those members who have retired from practice to continue to be a part of the association, and to maintain insurance coverage, at reduced rates)

#### Initiatives for the coming year include:

- create membership database on the website that can be easily searched by

members of the public who are looking for an art therapist.

- create the "Honours Procedural Manual" that will guide the process of nominating and awarding honorary life memberships

- continue to increase membership and respond promptly to questions and requests from members and the public.

- creation of a manual to assist the new Membership Chair for 2005

The most rewarding aspect of this position has been the opportunity to get to know the BCATA membership.

I have now learned at least the names of all the members, and have had the chance to know many of you, and especially the executive, on a more personal level. It has been a pleasure working with everyone, and has helped me to feel more connected to the vibrant and growing community of art therapists in B.C.

## Registration: Margo Farr, BA, Dip AT, BCATR

The Registration committee currently consists of 4 members – Adaline O’Gorman, Linda Lange, Lisa Bernstein, and me (Margo Farr).

Registration Chair is a 2-year term. As Chair, I have held this position for 2 1/2 years.

The committee meets in Victoria, 3 times yearly to review applications for registration. In the past year we have accepted 7 professional BCATA members for Registration, plus one application pending.

During this past year we have made several adjustments to the application package for clarification so that it is more “user-friendly”. There are no specific guidelines in the by-laws

regarding face to face versus telephone supervision. Currently we have been advised by the Executive to accept a maximum of 50% telephone supervision, requiring at least 50% face to face. This unfinished piece of business carries over to the new Chair to amend the by-law for voting at next year’s AGM.

As my term is now over I thank the current Executive for the teamwork and determination that everyone has shown over the past year. These 2 1/2 years have been an interesting learning curve for me, and I exit with best wishes for the new Executive team and for the Association.

## Administration/ Bookkeeping/Web: Merle Schwartz

I have spend this past financial year updating the BCATA website, emailing members and updating the Directory.

I have deposited all incoming monies and paid all the bills and reimbursed expenses.

I balanced the books monthly and send reports to the Executive as well as completing the year-end Financials.

## College of Counselling Therapists Representatives: Michelle Oucharek-Deo, BFA, BCATR, RCAT

### Summary of the events 2003-04

- June -August 2003 no new developments with the College. At that point things were stayed in the parliament and our request was being tabled by the Minister present at that time.
- December of 2003 members received confirmation that the MCFD Ministry had committed in writing that the proposed College of Counselling Therapist would be able to be designated under the Health Professions Act and not under the Social Workers Act. This step allowed the Task Force to move forward and begin having meetings to establish what needed to be done to meet the government requirements in

forming this College.

- February there was a cabinet shuffle
- April 26<sup>th</sup> meeting: Dr. Cane attended (who develops competency profiling in projects such as these). It was decided that Dr. Cane would be retained to give a workshop that would better explain how the profiling would help us in our pursuit.
- May 17<sup>th</sup> Seminar with Dr.Cane. Task Force decision was made to hire Dr. Cane to begin first level of competency profiling

### Recommendations:

Approve Funding for College Development Costs as follows:

1. April 26<sup>th</sup> 2004 Meeting (per group cost 8 groups) \$207.04
2. May 17<sup>th</sup> 2004 Meeting (per group cost 8 groups) \$578.34. For a total of \$758.38
3. Level 1 Competency Profiling \$1500.00-\$2000.00
4. Initiate Fundraising Ideas

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For more information or inquiries contact::

Michelle Oucharek-Deo, BFA BCATR RCAT

(604) 515-0920 [mlod@telus.net](mailto:mlod@telus.net)

## Professional Development: Lesley Holm, BA, DVATI

In December, Shelley Dales, Professional Development Co-Chair took leave from the executive to travel abroad.

### Key Successes:

- new fee structure (discounted prices for early registration)
- positive feedback from attendees
- new convenient location (Alliance for Arts and Culture on Howe Street, Van)
- May 8<sup>th</sup> panel for students was well received and helpful (A similar workshop is being considered in order to benefit students in future years.)
- video taped some of the workshops

(in order to share the information presented with those who are unable to attend.)

- developed a more efficient process for registering participants, tracking marketing, and keeping our records organized.

### Recommendations:

- increase the promotion of our association and our workshops.
- establish a committee.

### Appreciations:

- Shelley Dales (who is traveling)
- Rebecca Christopherson for her time and catering the workshops

- all our presenters
- the current executive for their enthusiasm, dedication, and hard work that have made being a part of the team such an enjoyable and rewarding experience. We are lucky to have such a supportive and helpful group that continues to volunteer their time to this association.

The workshops continue to **create a sense of community** within our field, to provide a forum for individuals to learn and share ideas, and to grow both professionally and personally.

I am proud of the positive changes I have seen and felt in the past year within the BCATA.

## Adler School

Sadly, the era of the art therapy program at the Adler School of Professional Psychology is quickly drawing to a close. Four students remain in the program and most of them have only practicum hours to accumulate prior to graduation. The school has ceased accepting applications for the art therapy program, but continues to offer a Masters degree program in counselling psychology.

~ Carrie George and Dominique Norville

## BC School of Art Therapy

Our main notable event was our **20th Anniversary Reunion** and Graduation celebration, held September 20, 2003.

This was a great success, honouring our founder, Dr. Kathleen Collis, as well as early contributors, alumni, the 2003 graduates and present faculty and staff.

We have twenty students at various stages of their training. Seven of our

eight graduates from last year are working successfully in the field of art therapy.

On May 1, one of our studio classes opened a Mandala Art Show at the school. It was combined with a potluck and year end get together.

One of our instructors, Lucille Proulx, is planning to introduce art therapy to Cuso in Thailand next year. Website: [www.bcsat.com](http://www.bcsat.com)

## KATI

2004 marks the Kutenai Art Therapy Institute's **10th year** as BC's rurally situated training institute for Art Therapy. There were 14 full time students this year, nine of whom completed the two year course this spring. Eight of these budding Art Therapists now have theses pending. The ninth, having completed all requirements, graduated on the 28th May, along with three former students who completed their theses this year.

KATI has preliminary plans to move location to accommodate more students and community

events.

Dr. Tobin attended in the early Spring to share his expertise on Family and Couples Art Therapy, as well as Art Therapy and Spirituality.

This summer KATI is joining forces with other tertiary educational institutions in Nelson to create a "summer of learning", offering a rich array of experiences for those who would like development along with their summer re-creation time.

~ Marcelle Edwards  
[www.kati.kics.bc.ca](http://www.kati.kics.bc.ca)



## VATI

The Vancouver Art Therapy Institute offers 3 programs: Master of Counselling: Art Therapy specialization (distance); Advanced Diploma (after a MA, distance); and a 15 month fulltime Diploma.

The distance programs are going well and in February 2005 the 15 month full time program will be implemented. The content for the full time program will remain the same, but the format has shifted.

It is anticipated that approximately 15 students will graduate this November. Website: [www.vati.bc.ca](http://www.vati.bc.ca)

Number of Current BCATA Members by Region

