



# 2007 AGM

## Executive Reports

### BC Art Therapy Association

June 23, 2007

Dunsmuir Lodge,  
1515 McTavish,  
Sidney

AGM 1:00–3:00 pm

**Chair Report  
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## A message from the President: Patty Patching, MFA, ATh. Cert.

Thanks to a terrific group of people helping out with the BCATA this year, I have really enjoyed the year serving on the board. It has been a time of great personal learning. Having never aspired to being a president of anything, it is out of duty in sharing the responsibility that it has come to pass. I have proven to myself that one doesn't have to be an expert to get involved!

Sometimes I wished for a bridge to the mainland so that we could all get together more often, however, we are perfecting the conference call for meetings and e-mails have become an invaluable form of communication! For me, the best part of being involved in the association is getting to know so many inspiring people devoted to art therapy.

I would like to take this opportunity to thank everyone for all his or her contributions and to highlight some of the year. We started off with a fun party for the membership at Bruce Tobin's this summer. The weather was gorgeous, the setting ideal and we enjoyed a day of socializing, eating delicious food and drumming beside the ocean! That was really fun. Then we got busy!

Liz McKenna and Carrie George have organized some excellent Pro-D workshops. I loved the one I was able to attend with Jane Kane, Patricia Roles and Sabine Silberberg presenting.

Heather Sanrud has kept up with all the in-coming and out-going correspondence. She has kept us posted on so many events and provided us with so much wisdom from her long experience involved with the board.

Jane Kane has contributed by giving thoughtful perspective and she has been a valuable representative to several functions in Vancouver, as well as keeping the registration committee organized. Thank-you to Debora Broadhurst, Sarah Bradley, and Angelica Djamtorki for your commitment to reviewing the applications together.

Julia Smith has negotiated our position on ethical problems involving non-art therapists providing art therapy services / training and actually opened a dialogue with play-therapists-in-training at SFU. We may now have some more participants at our Pro-D workshops!

Michelle Gilligan has produced some interesting, inspiring and beautiful Newsletters! Thanks too, to the members who have contributed to the newsletter. We have good news from Michelle Oucharek-Deo and Kay Collis in the Task Group that the process of forming a College of Counselors is progressing nicely.

Our Student representatives, Paddy Bruce and Joanne Elliot have helped in many ways by giving solid voice and a helpful hand. Thanks to the work of Merle Miedzygorski our Administrator, Shawna Paul, Treasurer, and Judy Baker, Recording Secretary, we have our paperwork in order and some money in the bank! Besides the on-going order of business, we are in the process of some important improvements.

Our web site is being upgraded, thanks to Marty Levenson.

Marna Lynn Smith has done an amazing job improving and organizing the membership process and our membership is growing.

... President report continued

Barbara MacCormack has negotiated a lower cost professional liability insurance for the membership. She deserves a special thank-you too for helping me so much to see the big picture. Being involved in the BCATA has made me very aware of the continuum of volunteering art therapists who have developed our association to what it is now. I am very grateful to all of those who have volunteered before me and to those who are helping now.

Respectfully submitted, Patty Patching

**Administration/  
Bookkeeping/ Web:  
Merle Miedzygorski**

I have spent 107 hours on BCATA work this financial year. That is an average of 9 hours a month.

This year was busy with the monthly banking and reports, website updates, Directory updates and email correspondence.

The Treasurer, Shawna Paul, has the figures relating to BCATA Year End at April 30, 2007.

As an update to those we have deposited an additional \$6,560.00 in membership fees as at May 31, 2007 and so far have \$3,560.00 to be deposited in June 2007.

Thank you.

Merle Miedzygorski  
BCATA Administration Assistant/ Bookkeeper

## Vice-President: Barbara MacCormack, B.Ed., DVATI

Joining the BCATA board in August 2006 as Vice-President is my first experience as a board member. Over the years I have witnessed many dedicated art therapists giving so much time and energy to the BCATA as board members. This inspired me to get more involved and offer my services because I believe it is important that I do my part to participate in maintaining and developing our association for all B.C. art therapists. It has been an opportunity to get to know how our association works, to get to know many supportive and wonderful people, to broaden my experience and connections to the art therapy world and to add my voice to the decision making process as it is needed.

During the time I have served on the board, I have been working on getting lower liability insurance rates for our membership. I am pleased to say the rates are significantly reduced from the 2006 rates. I am currently looking into expanding our insurance membership by negotiating with the AATQ, OATA and CATA with the intent of a unified and less costly insurance for art therapists across Canada.

I've been part of the process of the new website design. I have attended a meeting to update the board's information regarding the current progress of the College of Counseling Therapists' Task Group with Kay Collis. I've met with our President, Patty Patching on a number of occasions to review and make decisions regarding insurance, as well as steps in the planning of the 2007 AGM.

I want to especially thank Patty Patching, our President for her unflagging support, unconditional positive regard and constant optimism. I want to thank all the board members for their commitment, hard work, selflessness and good humor. I feel honored to be a part of such a supportive group of people who have the good of the association as their primary objective. I am looking forward to another year of the BCATA's growth and development.

Respectfully submitted,  
Barbara MacCormack, B.Ed., DVATI

MEMBERSHIP PRIVILEGES:	HONORARY LIFE	REGISTERED	PROFESSIONAL	STUDENT	ASSOCIATE	RETIRED Pending
BC Art Therapist Registered Title	p	p				if previously registered
Professional Liability Insurance	p	p	p			p
Official Certificate	p	p	p			p
Voting at the Annual General Meeting	p	p	p			p
Member on the BCATA Board	p	p	p			p
Listing in the BCATA Web/Directory	p	p	p		p	p
Receive electronic News/Newsletter	p	p	p	p	p	p
Reduced Pro-D rates	p	p	p	p	p	p

## Recording Secretary: Judy Baker, BA, Dip. AT

## Treasurer: Shawna Paul, BA, BCATR

This year has been my first year as a recording secretary. I am a reluctant secretary. I always thought that if I never learned to type, I would never have to be a secretary - ever. Some how word leaked out that I could operate my key board from time to time. When I was asked to be secretary, I dragged my feet but eventually allowed myself to be volunteered for this position. Since accepting this task, I have been taking minutes at the executive meetings and then collecting reports and agenda items from the board. All the emails sent and received and small tasks seem to add up to wrestling with the computer on a regular basis. The reports and the minutes are gently merged into a single document and emailed to the executive as a draft of the minutes so it can be read ahead of the meeting. The agendas for

each meeting are glued together and sent out. Each record of the minutes is checked for accuracy by the board, some tweaking done and then adopted at the following meeting. While this sounds simple, it presents challenges to the barely computer literate working with a machine that seems to have personality quirks as challenging as completely losing the ability to send and receive emails. After learning a new system, I look forward to the second year of recording secretary. With any kind of luck, there is a real secretary lurking in the shadows when this term is done. Thank you for this opportunity to work for my association.

Respectfully submitted,  
Judy Baker, BA, Dip. AT

## Ethics: Julia Smith BFA, DVATI

I have been a member of BCATA for the past eight years. Last year at the AGM I made a decision to become more involved in this association. I volunteered and was appointed to fill the position of the Ethics Chair which was competently held by Dr. Bruce Tobin, ATR, for the previous two year period.

During this past year, Bruce Tobin has graciously made himself available for consultation while I have addressed concerns forwarded by members of the BCATA and reviewed Ethics policies in response to the following:  
1. General inquiries and/or informal complaints regarding individuals who claim that they have BCATR credentials when they actually hold a professional status; or, when they are no longer BCATA members in good standing.

2. General inquiries and/or informal complaints regarding individuals who advertise themselves as art therapists, but who are not professionally qualified to do so.

3. A specific complaint regarding an advertised workshop situation where a non-art therapist was offering art therapy training to other counseling practitioners from different disciplines. The organizers of the workshop were contacted and BCATA concerns around ethical protocol were communicated and acknowledged. Through this process, a new awareness and interest in BCATA was fostered.

Getting involved with BCATA Executive has provided me an opportunity for connection with other art therapists who are committed to further developing our professional community in this province.

Respectfully submitted,  
Julia Smith, BFA, DVATI  
Ethics chair.

### Annual Treasurer's Report Fiscal Period May 1, 2006 to April 30, 2007

Income	
AGM & Conference Income 2006	440.00
Bank Interest	54.11
Cookbook	30.00
Late Charges	400.00
Membership Fees	8,170.00
Pro D Workshop Participants	990.00
Registration Fees	50.00
Student Membership Fees	280.00
<b>Total Income</b>	<b>10,414.11</b>

Expense	
Administrative Assistant	2,749.31
Administrative Expenses	174.90
AGM & Conference Expense 2005	616.57
Bank Service Charges	7.50
Corresponding Secretary	45.47
Dues and Subscriptions	173.05
Equipment Rental	28.25
Executive Travel	3,528.13
Grant related expense	29,970.80*
Honorarium	750.00
Insurance	1,031.00
Membership Chair	594.52
Postage and Delivery	212.04
President	86.37
Pro. Development	56.81
Recording Secretary	8.35
Registration	89.48
Task Force of the College of Counseling Therapists	2,772.58
Telephone	126.65
Treasurer	31.41
Website Fees	1,584.33
<b>Total Expense</b>	<b>41,637.52</b>
<b>Net Loss</b>	<b>- 31,223.41</b>

\* grant monies were received in last fiscal year but a large portion of the expenses are in this fiscal year; this explains why there is such a large loss shown this fiscal year.

Bank balance on April 30, 2007 \$6,570.05

... Treasurer report continued.

## Newsletter Liaison: Michelle Gilligan, MA, RCC

Over the past year, I've continued as newsletter editor and have been able to create two issues, which came out in January and in April of 2007. I've continued to enjoy honing my computer layout skills and treasure hunting for clipart that complements the creativity and energy of our association. I couldn't do the newsletter without the contributions from members, so I would like to thank all those who sent in articles, reviews and profiles. Please keep those coming! I would also like to thank Jessica Kingsley Publishers who have generously donated books for the book review column. My hope is to have more and meatier issues of the newsletter in coming years, as well as to increase the advertising revenue (this year we had no paid ads, so we can only go up from here!). If any members feel inspired to join the Newsletter Committee, please let me know.

Respectfully submitted,  
Michelle Gilligan

It has been another successful year for the BCATA. I have very much enjoyed my role as treasurer for the BCATA and look forward to continuing for another term. Special and continued thanks go to Merle, the association book keeper. Without her support, knowledge and organizational skills, this would be a very tough position to hold.

To summarize the BCATA's fiscal year,  
Total income = \$10,414.11  
Total expenses = \$ 41, 637.52 (Please note that this figure reflects the monetary remainder of the grant received in 2005).

Major trends in the profit and loss comparison over a three year period are as follows:

- a decrease in AGM income
- a decrease in fundraising income
- a decrease in membership fee income
- a slight decrease in professional development income
- a decrease in registration fees
- an increase in the monies contributed to the Task force of the College of counsellors (\$2, 662.58)
- an increase in executive travel expenses (due to pay back of past expenses).
- an increase in Web site expenses ( due to updating of site)

Respectfully submitted,  
Shawna Paul, BA, BCATR

## VATI Student Rep.: Joanne Elliot

This past year has been busy and full at the Vancouver Art Therapy Institute. This month (May) will see 15 new graduates from the full-time program. We wish them all every success in their new art therapy career. The distance program continues on with people right across Canada studying and doing art therapy practicum in many interesting locations, both urban and rural. And as we look ahead to the 2007/08 year it seems to be shaping up to be another productive and interesting year in all of the VATI programs: the Full-time Program, the Advanced Diploma Program, and the Master's in Counselling program which is provided in conjunction with Campus Alberta Applied Psychology.

Respectfully submitted,  
Joanne Elliot, VATI Student Rep.

## BCSAT Student Rep.: Paddy Bruce

This past year at BCSAT has been rich and diverse. We have four new first year students. Our current student list includes 16 students who are either just finishing the diploma program or receiving post graduate certification.

The selection committee is currently processing a number of new applicants for the fall but the exact number won't be available until fall semester 2007.

Look to the website, [bcsat.com](http://bcsat.com), for a listing of new short course workshop offerings for fall semester.

Instructor Lucille Proulx has returned from two years working with CUSO in Thailand and will be teaching art therapy with children and adolescents in the fall. During her time away she provided some online courses and supervision.

This past year has seen an involvement with a number of International and Canadian students with existing art therapy degrees who are taking additional trainings with the school.

Respectfully submitted,  
Paddy Bruce, BCSAT Student Representative

## Corresponding Secretary: Heather Sanrud, MA, BCATR

2006-2007	May 16- June 2006		July/Aug		Sept		October		Nov.		Dec.		Jan 2007		Febr.		March		April- May 11, 2007		Totals		
	Tel	>	Tel	>	Tel	>	Tel	>	Tel	>	Tel	>	Tel	>	Tel	>	Tel	>	Tel	>	Tel.	>	
Ads./Marketing		23	1	13	2	14	2	6		10		9		10		7	1	6		17	6	115	
Art Th. Profession		3	2	2		1				2				1			1			1	4	9	
BCATA related		28	2	18	2	15		9		10	1	5		8	1	7	1	12		16	8	128	
Ethics					1																1	0	
General Inquiries	2				3					1		2	1	2						1	2	7	7
Hang-ups/spam	2	312	6	577	4	240	3	405	2	524	1	587		486	2	678		614	1	576	21	4999	
Insurance Inquiries																		1			0	1	
Membership	2	2	1	3		1				1	1			3		1	2	1		5	6	17	
ProD/Conference	1			1														1	1	4	2	6	
Referral Info.	1	2	5	1	1	2	3		1			1				1					11	7	
Registration			4	2		2										2	1	3		1	6	10	
Seeking employment								1		3										1	0	5	
Supervision																					0	0	
Training Inquiries	2				1	2		1		2		1				2	1	2			5	10	
Volunteering													1		2						0	2	
Web Site																					0	0	
Newsletter	1																				1	0	
Total																					77	5316	
2006-2007																							

Please refer to the attached table (spread sheet) noting telephone and email inquiries for the year 2006 and 2007. The preferred method of correspondence is email. Correspondence is up compared to last year with regards to email and down with regards to telephone calls. Much of the email correspondence is junk and thank you to Merle for assisting me in changing the web mail account, and hopefully this will reduce the amount of junk email that BCATA receives!

Reminder to use the new web and email addresses as follows:

[www.bcarttherapy.com](http://www.bcarttherapy.com) and [info@bcarttherapy.com](mailto:info@bcarttherapy.com)

I look forward to another year on the executive team!

Respectfully submitted,  
Heather Sanrud, MA, BCATR



## Membership Chair: Marna Lynn Smith, B.Music, Dip. AT

	AGM 2007	Jan 07	AGM 2006	Jan 06	AGM 2005	Jan 05
Registered	33	56	45	55	49	52
Professional	22	62	52	64	49	61
Student	8	15	8	12	13	25
Associate	0	5	4	7	4	4
Honorary Life	5	5	5	5	5	5
<b>TOTAL MEMBERS</b>	<b>96 (plus 38)</b>	<b>143</b>	<b>114</b>	<b>143</b>	<b>120</b>	<b>147</b>

This has been another busy year for the BCATA and I have been proud to be part of such a fantastic team.

This membership position seems to be in a constant state of trying to streamline and make the managing of the almost 150 BCATA members efficient and professional. The majority of the membership processing is still good old-fashioned paper and hard copy files (cereal box files that is!) Ideas and suggestions are always welcome.

The general membership numbers tend to steadily increase throughout the year. The highest amount of members usually happens in the spring, just before the membership drive. This year, not as many members renewed on time, so a last

minute email was sent out to the membership to encourage them to renew before the April 30<sup>th</sup> deadline. A rush of renewal forms arrived and they are waiting to be processed (38). A special thank you to those members who renew on time as it makes the processing process easier.

Here is an outline of the membership numbers over the past few years. The updated membership numbers will be read out at the AGM in June 2007.

Just when I'd finally started to get a handle on how things work, I realized that my two-year term as Membership Chair was coming to a close. Because I believe things can always grow and improve and

we can always build upon our experiences, I am electing to stay on for another year to continue to work with this fantastic group of people that make up the BCATA board.

I have immensely enjoyed being a part of the BCATA and feel honored about the responsibilities that this position entails. The board has been very supportive and if I ever need any help they are there to support me and lend a helping hand. I encourage all members to consider making their unique contribution to the art therapy profession by volunteering their valuable time with the BCATA.

Respectfully submitted by,  
Marna Lynn Smith

## Registration: Jane Kane, BCATR

In my first year as Registration Chairperson, I worked with an effective and knowledgeable group of 3 women on the committee: 2 new participants (but not new to the BCATA executive historically) and the past chairperson. I am very pleased to report that all members will continue into the new term. The Registration Committee met twice this year, in Vancouver, to review applications of members for BCATA Registration. One new registrant was approved. Additionally, throughout the year, the committee created new templates for the documentation of supervision hours, the registration certificates were updated, a file review was completed and clarification of registration bylaws was drafted for submission to this year's AGM. Multiple inquiries to do with possible registration with BCATA were

answered, and a clear area on the website, where all information is available, has saved many trees. I was fortunate to represent the BCATA at two local meetings of the Canadian Health Network, an offshoot of Health Canada, where our website will be linked to theirs, in the area of an alternative therapy available (alongside Naturopaths, Shiatsu therapists and a new research centre at UBC specializing in Chinese medicine and spirituality.) I look forward to continuing the work of the committee into another year, and am very appreciative of the wonderful hard working and dedicated people I have rubbed shoulders (and forks) with this time around, on the BCATA executive again.

Respectfully submitted  
Jane Kane, BCATR  
BCATA Registration Committee Chairperson

## College of Counselling Therapists Representatives: Michelle Oucharek-Deo, BFA, BCATR, RCAT and Kathleen Collis, PhD.

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### 2006-2007 Overview

The participation of the BC Art Therapy Association as part of the Task Group and the Working Committee is imperative in the future development of the College of Counselling Therapists.

Over the past year the most significant comment that I have heard in both the meetings and multiple e-mails is no longer if the College is going to happen, but when. The atmosphere is positive as our Task Group initiates a process viewed by the entire country.

The detailed Competency Profile developed by the Working Committee in 2005/06 has become a very important national document. In the fall of 2006, a validation survey was completed by the Maritime Provinces. Results showed overwhelming support for the Counselling Therapist Entry Level Competencies. With these results, it seems counselling professionals across the country want a thread of commonality that can be woven between all of us no

matter what specialization or philosophy we follow in our practice.

The proposed next phase of the Task Group is to develop a plan on the role of all the associations and how each of us can best support our members in regards to the College. There are many questions still, but all the group participants are dedicated and enthusiastic to finding answers during this process.

Our voice around the table continues to shape how we are going to fit into this new world of counselling therapists. I am proud to be part of this ongoing process as this spring marked the 6<sup>th</sup> year of my participation. It is an exciting time as we move toward a regulatory body that will embrace Art Therapist, Music Therapists, Marriage and Family Therapists, Pastoral Counselors, Clinical Counselors and many other therapeutic modalities. Who knows what this aspect of our work will bring? It has opened a door of communication, and people are beginning to talk

### Financials

In February of 2007 all members of the organizations that are part of the Task Group received notification that the amount owing to our groups is \$26,814.55. We are currently still in the process of working out the finer details of how much this will cost our association directly. I am guesstimating in the area of \$5,000-\$6,000 dollars. The total expenditures for the year came to \$71,814.55.

### Conclusion

Over the next few months I will keep you informed. At this time much of what we are waiting for is feedback from government officials on what our next step needs to be. So we wait... with patience and pride knowing that we are part of something that will help take Art Therapy to a higher level of recognition and importance in our province and our country.

Respectfully Submitted By,  
Michelle Oucharek-Deo

## Professional Development Co-Chairs: Carrie George, MA & Liz McKenna, EdD, MCATR, BA, CCR

Due to low participation at some of the Pro-D events in past years, we have made some changes this year. We offered fewer workshops. After the first was cancelled due to low enrollment, we ran two very successful workshops. We sent a survey to the membership to get feedback on what you want and need in terms of professional development. We unfortunately received little response to that survey. We experimented with a new workshop format by offering three mini-workshops together to give participants a glimpse into how other art therapists' work. Liz McKenna is looking forward to offering more of this format next year in addition to some longer workshops. After serving for four amazing

years on the board of BCATA, I have completed my commitment as co-Chair of Professional Development. My journey with the BCATA has been an enriching one and I have been blessed to be surrounded by a group of warm, supportive and intelligent board members. I will continue to support the team as a member of the committee. We are looking for a new Co-Chair with ideas and passion to join Liz in creating valuable professional development opportunities for the art therapists in our community. And as always, we are eager to hear how BCATA can support your professional growth.

Respectfully submitted, Carrie George, MA